

# LET'S FIGHT THE FLU – TOGETHER

## HOW YOUR GP CAN HELP

**Vaccination = your best defence against the flu**



**Make an appointment with your GP today.**



The peak flu season (June - September) is likely to occur during the current COVID-19 outbreak. Both influenza and COVID-19 can cause severe illness, including pneumonia and respiratory failure. There is no vaccine for COVID-19 yet but there are vaccines to protect against influenza.



**You should get vaccinated every year.** The influenza virus is always changing so the vaccine changes too.

You **can't get influenza from the flu vaccine** – it does not contain any live virus.



Ask your GP if they have **vaccination clinics** or **drive-through** options.

**New age-specific vaccines will be available in 2020.** Ask your GP if this applies to you.

Don't forget to ask your GP if you're **up to date with all other vaccinations** – this is especially important for children and the elderly.

Your GP will ensure you receive your vaccinations in the safest environment.

- social-distancing maintained**
- robust infection control**



**Who is eligible?**

The flu vaccine is recommended for anyone **aged six months and over.**

The **flu vaccine is FREE** for those most at risk from influenza and its complications including:

- Children aged six months to five years
- Primary school-aged children
- Pregnant women
- Aboriginal and Torres Strait Islander people aged six months and over
- People aged 65 years and over
- Individuals six months and older with medical conditions that place them at risk for complications of influenza.



Your **GP** is the only health professional with the **expertise to provide advice, care and treatment** based on your personal health history.